Spring 2013 Learning Enrichment Workshop Schedule

Scattered? Frustrated? Behind in Homework? Take Control . . . of Your Academic Life!
An overview of the foundational skills for becoming a well-organized and master student will be provided. Students will learn goal setting strategies, concentration skills and develop an individualized “plan” for efficient study time.

Wednesday, January 30, from 3-4 p.m. @STU 311

Notetaking: Are You Getting the Most Out of Each Lecture?
This workshop will cover ways to improve notetaking skills and especially how to “keep up” during fast-paced lectures. The relationship between quality listening and notetaking skills will also be discussed.

Wednesday, February 6, from 3-4 p.m. @STU 311

Power Reading
Power reading is not speed reading! Power reading is the process of developing an approach to reading assignments with the purpose of gaining a deeper understanding of the material. Emphasis will be placed on “quality” reading needed for tests and comprehension.

Wednesday, February 13, from 3-4 p.m. @STU 311

Writing Papers
An overall discussion of the writing process for term papers, research papers and essay exams. Other topics include organization of ideas, structure and outlines.

Wednesday, February 20, from 3-4 p.m. @STU 311

Thinking Skills in Problem Solving
New information about critical thinking to enhance your ability to retain new information and derive new meaning.

Wednesday, February 27, from 3-4 p.m. @STU 311

Test-Taking Anxiety
Did you know the material for the test only to miss it on the exam? Creative ways to relieve anxiety will be presented and practiced.

Wednesday, March 6, from 3-4 p.m. @STU 311

Exam-Taking Strategies
Are you “cramming” before every test? Preparing for exams as a semester-long process will be discussed. Test-taking strategies for objective and essay exams will be covered.

Wednesday, March 13, from 3-4 p.m. @STU 311